

List of Services: All treatments are performed or supervised by Board-certified Dermatologists who specialize in Cosmetic Dermatology. *All injectables are performed by our physicians.* Our treatments are individualized to optimize your results. Services include:

- Permanent fat reduction (truSculpt iD, Kybella)
- Skin tightening (Thermage FLX, Fractionated RF with Pixel8)
- Non-ablative resurfacing & toning (Fraxel Dual, Clear+Brilliant, Laser Genesis, SkinPen Microneedling)
- Neuromodulators (botulinum toxin) for facial wrinkle treatment, muscle balancing, treatment of overactive masseter (chewing) muscles, neck bands, décolleté, excessive axillary (underarm) sweating
- Hyaluronic acid fillers for facial/earlobe/jawline/neck rejuvenation (Restylane-L, Restylane Silk & Lyft, Refyne, Defyne, Juvederm Ultra & Ultra-plus, Volbella, Vollure, Voluma, Belotero Balance)
- Hand rejuvenation with Restylane Lyft and/or other treatments (see below)
- Sculptra Aesthetic biostimulatory filler
- Revitalizing & brightening (IPL, chemical peels, Dermal Infusion)
- Treatment of unwanted vessels & pigmented spots with Excel HR, CoolGlide, & Varilite lasers
- Hair removal with Excel HR or CoolGlide lasers
- Surgical excision of benign or malignant skin growths (Dr. Sawaya)
- Surgical removal (freezing, electrodesiccation, surgical removal) of unwanted benign skin growths
- Scar reduction, including keloid scars, surgical or traumatic scars, acne scars
- PRP treatment for hair loss
- Sclerotherapy and/or Excel HR/CoolGlide laser treatment of unwanted leg veins

PERMANENT FAT REDUCTION

truSculpt iD: the latest, most innovative and effective way to *permanently* reduce fat, using noninvasive radiofrequency heating. Unlike other treatments, this is highly customizable & efficient. Typically, a single 15-minute treatment permanently reduces surface fat by 24% on average (compared with other popular methods in which several 35-minute sessions are often required for the same or a lesser effect). (Fat under the chin may require 2 to 4 treatments.) We can permanently reduce fat on the abdomen, back, flank ("love handles"), hips, buttock, thighs (including upper thighs & areas near the knee), calves, arms, and under the chin.

Kybella: reduces the excess fat under the chin using a series of injections (2 to 6); each treatment takes only a few minutes; minimally invasive.

SKIN TIGHTENING & REJUVENATION

Thermage FLX: the latest, most effective form of non-invasive skin tightening for face, including eyelids, neck, and body. The FLX innovations make treatments more comfortable than all previous forms of Thermage. No numbing is needed, and there is virtually no downtime (patients often enjoy some immediate tightening after treatment). With our special technique ("vectors of tightening"), we artistically tailor our treatment to optimize your results.

Fractionated Radiofrequency (RFMN) with Pixel8 for skin tightening, toning, non-ablative rejuvenation: our customized, advanced technique provides tissue tightening, which is evident immediately after treatment and improves over time. Although a single treatment provides long-term improvement, many patients would benefit from a series of 3 - 5 sessions to optimize textural smoothing, tightening, and toning.

FACIAL & BODY ENHANCEMENT OPTIONS in addition to those listed previously:

Aesthetic Services including Medical-grade Facials, Dermaplaning & Extractions, Chemical Peels (AlphaRet, Glytone, Beta-lift), Dermal Infusion, SkinPen Microneedling for treatment of acne scars & wrinkles (see below).

Neuromodulator (Botulinum toxin) Treatment (Botox Cosmetic, Dysport): facial wrinkle treatment, such as frown lines, forehead lines, "crow's feet," lip corners, lip lines, chin creases; it is also used to balance muscles and treat neck bands, décolleté, overactive masseter (chewing) muscles, excessive axillary (underarm) sweating.

Hyaluronic Acid Fillers: facial balancing and rejuvenation; augmentation of lips, chin, temples, under eye area, cheeks, jawline (lifts and defines), earlobes, depressed scars, hands (see below for Hand Rejuvenation).

Sculptra Aesthetic Biostimulatory Filler: adds volume to cheeks, temples by stimulating new collagen formation.

AlphaRet Peel: the peel with virtually no downtime (for most patients); brightens and revitalizes the skin.

Superficial- & Medium-depth Chemical Peels, including **Glytone, Beta-Lift, Vitalize, Rejuvenize, TCA (Tri-Chloroacetic Acid):** revitalizes and stimulates renewal of the skin, giving more radiance and clarity to the skin.

CROSS Technique (Chemical Reconstruction Of Skin Scars): uses potent peeling acid to improve pitted scars.

SkinPen Microneedling: FDA-approved microneedling device for treatment of acne scars; also, highly effective for reducing wrinkles and minimizing pores; it softens skin texture and improves skin tone. Its surgical-grade quality ensures the highest level of safety and comfort. SkinPen precisely delivers thousands of micropunctures to the skin, stimulating the growth of new collagen and elastic fibers (Collagen Induction Therapy).

Palomar Icon Intense Pulsed Light (IPL) for Skin Rejuvenation, Pigment and Vessels: improves skin clarity, reducing unwanted vessels and redness, reducing blotchy pigmentation, improving skin radiance

Laser Genesis for photorejuvenation & skin toning; improvement in fine lines, skin tone, scars, post-inflammatory pigmentation; virtually no pain (non-invasive warming of the skin) and little to no downtime. For all skin types.

Laser Treatment (Cutera Excel HR, CoolGlide, Iridex Varilite) for

- **laser hair removal:** with our top-of-the-line Excel HR, brown to black hair can be removed in all skin types.
- **unwanted vessels:** high level of comfort, low downtime, and great effectiveness in reducing vessels
- **unwanted benign (non-cancerous) pigmented lesions** (e.g. "liver spots"): with multiple different laser tools at our disposal, we can tailor treatments to your skin problem to optimize safety and effectiveness.

Clear + Brilliant for non-ablative photorejuvenation: fractional laser with little to no downtime to improve the appearance of fine lines, texture, and skin tone.

Fraxel Dual 1550nm/1927 nm for non-ablative photorejuvenation, scar treatment: fractional non-ablative resurfacing that reduces wrinkles, scars and the appearance of pores; refines skin texture; improves skin tone.

REMOVAL OF UNWANTED GROWTHS/SPOTS:

Cosmetic Surgical Removal of Non-cancerous (Benign) Skin Growths (e.g. tags, keratoses, etc.)

Surgical Excision of Skin Cancers and Non-cancerous Skin Growths (e.g. moles, cysts, lipomas, keloids, etc.)

SCAR REDUCTION (keloids, traumatic or surgical scars, acne scars): SkinPen, Fractionated RF, Fraxel, Laser Genesis, surgical excision with specialized aftercare, CROSS, neuromodulators, subcision, and other options.

HAND REJUVENATION

Minimally-invasive hyaluronic acid filler (Restylane Lyft) stimulates skin thickening (boosts elasticity & collagen) and enhances volume, which reduces the appearance of veins and tendons.

Chemical Peels, Liquid Nitrogen, SkinPen, Fractionated RF, IPL, Laser Genesis, Clear+Brilliant, & Fraxel Dual are other ways to rejuvenate hands; your dermatologist can evaluate and discuss the best approach for you.

HAIR LOSS: PRP (Platelet-Rich Plasma) Injections for Hair Support: series of injections that stimulate hair follicles to produce thicker hair; effective in 80% of men and women with certain types of hair thinning or loss.

LEG VEINS: Sclerotherapy with Hypertonic Saline and/or Asclera and/or **Excel HR or CoolGlide Laser** for treatment of small unwanted vessels (red/purple) and reticular (blue) veins.