

MAX G/1540 POST-CARE INSTRUCTIONS

- Temporary swelling and sunburn-like sensations can occur immediately for 2 to 24 hours.
- You may apply cool compresses to the area for 10-15 minutes for 4-5 hours after treatment.
- Keep the area clean by washing twice a day with a mild soap and luke warm water.
- You can develop darkening of the areas treated; this is temporary and does go away over the next several days to a week.
- Make-up may be applied following the procedure.
- **DO NOT** use any of the following products on treated areas for at least 1 week:

Alpha or Beta Hydroxy

o Retin-A

Salicylic acid/Salicylate

Glycolics

- Use warm or tepid water on area treated; hot water can cause irritation and sensitivity.
- Please use daily sun protection of at least SPF 30 and stay out of direct sunlight. When outdoors for long periods you <u>MUST</u> use a minimum of <u>SPF 30</u> and re-apply frequently (every 2-3 hours).
- No other skin procedure should be done for at least 5-7 days unless directed by your skincare specialist.
- Refrain from the use of tanning booths.

Please call either office if you have any questions or concerns after treatment.

Centreville: 703-222-2773 | Sterling: 703-450-5959

^{*} These timelines are approximate & precautions should be extended beyond the recommended time if skin remains sensitive.