



Aftercare Instructions for Injectable

Botox/Dysport

- Apply ice to treated areas for 10-15 minutes after the procedure to minimize bruising.
- Use the muscles treated (e.g. smile and/or frown) every 10 minutes for the first hour to promote absorption of the injected product.
- Avoid taking aspirin or nonsteroidal inflammatory agents for 10 days before and after procedure to prevent bruising.
- The injection will start to take effect in 48 hours; in 7 days the full effect is seen.
- Contact our office if you have any questions or concerns.

Restylane/Perlane/Juvederm

- Avoid taking aspirin and all nonsteroidal anti-inflammatory medications for 10 days before and after treatment. These products can increase bruising and bleeding at the injection sites.
- Use cold compress (e.g. bag of frozen peas, or ice pack) to help reduce swelling, redness, pain and to avoid possible bruising which can last up to 7 days.
- The area can remain numb for up to 6 hours. Avoid manipulating or touching injection sites following treatment and be careful not to injure the skin when eating (or drinking) hot or cold foods.
- The face can be washed with gentle cleansers; moisturizers with SPF and make up can be applied in the morning.
- Contact our office if you experience any side effects beyond a 14 day period, any side effects other than those mentioned or if you should have any questions or concerns.

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