

## ACCUTANE IPLEDGE PROGRAM INTRODUCTION

For Women of Child Bearing Age

### You will need to do the following:

- Review the iPledge Program Information Packet
- Sign all necessary consents
- Be registered by a DANV staff member into the iPledge Program
- Make an appointment for contraceptive counseling
- Get a urine pregnancy test

**This should all be done at time of your initial Accutane counseling appointment with your Doctor.**

After registration into the iPledge Program you will wait 30 days during which time you'll make a contraceptive counseling session; you will need to be on those 2 methods of birth control for at least 1 month. Your registration information will arrive in the mail and then you'll need to change your password online at [iPledgeprogram.com](http://iPledgeprogram.com). This must be completed within 2 weeks from receiving your registration. You **MUST WAIT** for your next menstrual cycle after the 30 day waiting period.

Once menstrual cycle begins, after the 30 day waiting period, you need to call our office to let us know. We will then fax/give a blood work request form to preferred blood drawing location and set up an appointment with your Physician for your first Accutane prescription. Bloodwork will be checked and results are reviewed to make sure proceeding with Accutane is still an option.

### While on your Accutane:

- Every month you will need to have bloodwork done within 7 days of your next appointment
- MUST be 30 days between each visit
- Urine pregnancy test is performed at each office visit
- After your appointment you will need to complete the online iPledge Program contraception questionnaire. (Please allow our clinical staff time to log in and enter your data before logging in for your iPledge)
- Pick up Accutane prescription at your pharmacy **WITH YOUR YELLOW IPLEDGE CARD** to get your medication filled

### Please note:

- You must fill your prescription within 7 days from the date of your bloodwork
- There is a **MANDATORY** 30 day waiting period between each monthly prescription
- Bloodwork must be done monthly within 7 days of your appointment date. This is a **FASTING** blood test so please plan accordingly.
- If you have any problems with your iPledge password, log-in, or any other concerns please call the iPledge Hotline at 1-866-495-0654. The best times to call are 5pm to midnight Monday thru Friday and Saturday mornings.

We do prefer that you use a LabCorp Blood Drawing location as we get results very quickly. You can have blood work at a non-LabCorp location but it is your responsibility to have your results faxed to our office, or pick them up and bring to appointment. **Centreville Fax: 703-222-6093/ Sterling Fax: 703-450-4800**

The entire iPledge Program was designed to make sure women do not get pregnant while taking Accutane medication. You must stick with the two contraceptive methods you have chosen during your treatment. This is very important for the future of Accutane use.